

Medical Considerations

Our adventures will lead us into the wonders of Belize's jungle, and by booking this tour you confirm that you are generally healthy and physically fit for the chosen activity. Your Safety and wellbeing are our highest priority, and we strongly recommend you notify us of any relevant medical conditions. This will ensure that our guides can design the tour accordingly, and that they can respond quickly and accurately in the unlikely event of medical emergency.

Please consider filling out the following fact sheet and carry it on your tour.

Name: _____ Year of Birth: _____

Nationality: _____ Emergency Contact (Name & Phone): _____

Blood Type: _____

Existing Conditions (circle all that apply):

Diabetes

Asthma

High Blood Pressure

Epilepsy

Hemophilia

Pregnant (____ weeks at time of tour)

Allergies to: Pollens Latex Stinging Insects Medications

If food or medication, please specify:

Please list current medications:

Recent illnesses or injuries

